











First Name Surname Class

****All of our meals are Home Made with fresh vegetables****  **Fresh Bread is available every day**  ****Meals with this symbol**  **Gluten Free option****

| Week 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Choice 1  | Lamb Spaghetti Bolognese & Garlic Bread | Fish Finger Sandwich & Saute Potatoes | Roast Pork with Stuffing, Gravy & New Potatoes | BBQ Chicken with Rice | Pepperoni Pizza & Chips |
| Choice 2  | Quorn Bolognese & Garlic Bread | Vegetable Burger & Saute Potatoes | Cheese & Kale Quiche with New Potatoes (S) | Cheese & Bean Quesadilla with Rice | Cheese & Tomato Pizza with Chips |
| Choice 3  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)  |

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| To go with  | Salad Bar | Sweetcorn | Parsnips (S) | Corn on the Cob | Baked Beans |
| | | Green Beans | Carrots (S) | Peas | Baked Tomatoes |
| | | Salad Bar | Salad Bar | Salad Bar | Salad Bar |


***** Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day *****

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| ***Picnic***  | Tuna & Sweetcorn Pasta Pot | Egg Bagel with Cucumber Sticks | Cheese Savoury Wrap | Pork Baguette & Salad | BBQ Chicken Pitta with Pepper Sticks |
| | Cheese Sandwich with Cherry Tomatoes | Cheese Sandwich with Cherry Tomatoes | Cheese Sandwich with Cherry Tomatoes | Cheese Sandwich with Cherry Tomatoes | Cheese Sandwich with Cherry Tomatoes |



***** Yoghurt & Fresh Fruit are available every day *****



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| Dessert  | Chocolate Oat Cake | Apple & Sultana Sponge (S) | Pear & Ginger Crumble with Custard (S) | Jam Buns | Carrot & Orange Cookies (S) |
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Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office

by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.