


















First Name Surname Class

All of our meals are Home Made with Fresh Vegetables Fresh Bread is available every day

 **Meals with this symbol

 Gluten Free option**

Week 2	MONDAY	SHROVE TUESDAY (Pancake Day)  	WEDNESDAY	THURSDAY	FRIDAY
Choice 1 	Chicken Samosa & Savoury Rice	Ham & Pineapple Pizza with Wedges	Y e a r 4 t r i p	Beef Chow Mein served with Noodles	Chip Shop Fish & Chips
Choice 2 	Vegetable Samosa & Savoury Rice	Cheese & Tomato Pizza with Wedges		Vegetable Chow Mein with Noodles	Poached Egg & Chips
Choice 3 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 		Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 
To go with 	Curried Chickpeas	Sweetcorn		Broccoli (S)	Beans
	Peas	Peas		Carrots (S)	Tinned Tomatoes
	Salad Bar	Salad Bar		Salad Bar	Salad Bar
*** Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day ***					
Picnic 	Cheese Savoury Pasta Pot	Egg Roll with Pepper Sticks		Chicken & Stuffing Salad Sandwich	Tuna & Pepper Wrap
	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes		Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes
 *** Yoghurt & Fresh Fruit are available every day *** 					
Dessert 	Orange Sponge (S)	Pancakes with Sugar & Lemon  		Cherry Crumble	Brownie

Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.

