

(S) = Seasonal Vegetables

THORPE PRIMARY SCHOOL SPRING MENU Date ... 20/03/17...

all of our meat is Halal

All of our meals are Home Made with Fresh VegetablesFresh Bread is available every day

◯ Gluten Free option**

Week 2	MONDAY	TUESDAY		WEDNESDAY	THURSDAY		FRIDAY		
Choice 1	Chicken Samosa & Savoury Rice	Ham & Pineapple Pizza with Wedges		Roast Chicken, Mashed Potatoes, Stuffing & Gravy	Beef Chow Mein served with Noodles		Chip Shop Fish & Chips		
Choice 2	Vegetable Samosa & Savoury Rice	Cheese & Tomato Pizza with Wedges		Crispy Topped Vegetable Pie (S)	Vegetable Chow Mein with Noodles		Poached Egg & Chips		
Choice 3	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc \(\)	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)		Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc 1)	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc 1		Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)		
To go with	Curried Chickpeas	Sweetcorn		Mashed Swede/Carrots (S	Broccoli (S)		Beans		
. Va Sy	Peas	Peas		Cauliflower (S)	Carrots (S)		Tinned Tomatoes		
	Salad Bar	Salad Bar	Salad Bar		Salad Bar	Salad Bar		Salad Bar	

*** Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day ***

Picnic	Cheese Savoury Pasta Pot		Egg Roll with Pepper Sticks		Salmon Sandwich with Cucumber Sticks		Chicken & Stuffing Salad Sandwich		Tuna & Pepper Wrap	
	Cheese Sandwich with Cherry Tomatoes		Cheese Sandwich with Cherry Tomatoes		Cheese Sandwich with Cherry Tomatoes		Cheese Sandwich with Cherry Tomatoes		Cheese Sandwich with Cherry Tomatoes	
*** Yoghurt & Fresh Fruit are available every day ***										
Dessert	Orange Sponge (S)		Ice Cream		Cornflake Tart		Cherry Crumble		Brownie	

Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office

by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal