



(S) = Seasonal Vegetables

# THORPE PRIMARY SCHOOL SUMMER MENU

Date ...08/05/17..

- all of our meat is Halal except Pork products

First Name ..... Surname ..... Class .....

**\*\*All of our meals are Home Made with fresh vegetables\*\*** **Fresh Bread is available every day** **\*\*Meals with this symbol** **Gluten Free option\*\***

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Choice 1</b> 	Fish Fingers with Saute Potatoes	Beef Lasagne & Garlic Bread	R J	Hot Dog (Pork Sausage) in a Roll	Chicken Tikka & Pepper Pizza with Chips
<b>Choice 2</b> 	Cheese & Tomato Pastry with Saute Potatoes	Vegetable & Lentil Lasagne with Garlic Bread	&	Quorn Hot Dog (Vegetarian Sausage) in a Roll	Cheese & Tomato Pizza with Chips
<b>Choice 3</b> 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)	1 / 2	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)
<b>To go with</b> 	Carrots (S)	Spring Vegetables (S)	R	Broccoli	Baked Beans
	Tinned Tomatoes	Cauliflower Rice	S	Sweetcorn	Peas
	Salad Bar	Salad Bar	T	Salad Bar	Salad Bar
<b>*** Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day ***</b>					
<b>***Picnic***</b> 	Tuna & Sweetcorn Pasta Pot	Egg & Tuna Salad Box	i	Chicken & Pepper Wrap	Salmon Roll with Cucumber Sticks
	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes	p	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes
<b>*** Yoghurt &amp; Fresh Fruit are available every day ***</b>					
<b>Dessert</b> 	Blueberry Cake	Mini Shortbread & a Piece of Fruit		Strawberry & Rhubarb Crumble	Ice Cream

Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office

by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

**Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.**