







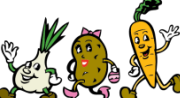



First Name Surname Class

****All of our meals are Home Made with Fresh Vegetables**** Fresh Bread is available every day  ****Meals with this symbol  are Gluten Free option****


Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice 1 	Herby Chicken served with Tomato Pasta (S)	Pulled Pork & Sliced Apple Pitta	Pepperoni Pizza with Wedges	Lamb Biryani	Breaded Fish & Chips
Choice 2 	Egg & Vegetable Noodle Slice (S)	Egg & Mushroom Pitta	Cheese & Tomato Pizza with Wedges	Vegetable Biryani	Flat Stuffed Mushroom & Chips
Choice 3 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 

To go with 	Broccoli	Roasted Cheesy Courgette (S)	Baked Beans	Green Beans	Peas/Broad Beans
	Summer Roasted Veg (S)	Sweetcorn	Peas	Roasted Tomatoes (S)	Carrots (S)
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar

***** Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day *****

Picnic 	Cheese Savoury Pasta Pot	Chicken Pitta with Pepper Sticks	Ham Salad Sandwich	Tuna & Sweetcorn in a Wholemeal Roll	Egg Sandwich with Pepper Sticks
	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes

***** Yoghurt & Fresh Fruit are available every day *****

Dessert 	Chocolate Iced Sponge Cake	Fruit Extravaganza	Oat & Raisin Cookie	Peach & Raspberry Crumble & Custard	Iced Bun

Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office

by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.