
















First Name ..... Surname ..... Class .....



\*\*All of our meals are Home Made with Fresh Vegetables\*\* Fresh Bread is available every day

 \*\*Meals with this symbol

 Gluten Free option\*\*

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Choice 1</b> 	Beef Spaghetti Bolognese & Garlic Bread	Roast Pork with Mashed Potatoes 	Pepperoni Pizza & Wedges 	Chicken Tikka with Rice and a Cucumber & Mint Dip 	Chip Shop Fish & Chips
<b>Choice 2</b> 	Spaghetti with a Tomato & Basil Pasta Sauce with Garlic Bread	Quorn Sausage with Mashed Potatoes	Cheese Pizza & Wedges 	Vegetable Kebab with Rice and a Mint Dip 	Egg & Chips
<b>Choice 3</b> 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 
<b>To go with</b> 	Salad Bar	Broccoli	Peas	Sweetcorn	Carrots
		Cauliflower	Baked Beans	Broccoli	Peas/Broad Beans
		Salad Bar	Salad Bar	Salad Bar	Salad Bar



\*\*\* Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day \*\*\*

<b>***Picnic***</b> 	Cheese Savoury Pasta Pot	Tuna & Sweetcorn Sandwich with Cherry Tomatoes	Wholemeal Pork Sandwich & Salad	Egg Roll with Cucumber Sticks	Chicken Tikka & Iceberg Lettuce Pitta 
	Cheese Sandwich with Cherry Tomatoes	Toasted Cheese Sandwich	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes



\*\*\* Yoghurt & Fresh Fruit are available every day \*\*\*



<b>Dessert</b> 	Lemon Iced Sponge	Fruits of the Forest Crumble	Selection of Ice Cream 	Gooley Orange Pudding	Mini Cookie & 1/2 piece of Fruit
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Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office

by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.

