













First Name ..... Surname ..... Class .....

\*\*All of our meals are Home Made with fresh vegetables\*\* Fresh Bread is available every day  \*\*Meals with this symbol  Gluten Free option\*\*

Week 3	MONDAY	TUESDAY	WEDNESDAY	CENSUS THURSDAY	FRIDAY
<b>Choice 1</b> 	Lamb Spaghetti Bolognese & Garlic Bread	Fish Finger Sandwich & Saute Potatoes	Roast Pork with Stuffing, Gravy & New Potatoes	Pepperoni Pizza & Chips 	BBQ Chicken with Rice
<b>Choice 2</b> 	Quorn Bolognese & Garlic Bread	Vegetable Burger & Saute Potatoes	Cheese & Kale Quiche with New Potatoes (S)	Cheese & Tomato Pizza with Chips 	Cheese & Bean Quesadilla with Rice
<b>Choice 3</b> 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 

<b>To go with</b> 	Salad Bar	Sweetcorn	Parsnips (S)	Baked Beans	Corn on the Cob
		Green Beans	Carrots (S)	Baked Tomatoes	Peas
		Salad Bar	Salad Bar	Salad Bar	Salad Bar



\*\*\* Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day \*\*\*

<b>***Picnic***</b> 	Tuna & Sweetcorn Pasta Pot	Egg Bagel with Cucumber Sticks	Cheese Savoury Wrap	Pork Baguette & Salad	Wholemeal Tuna Roll with Pepper Sticks
	Cheese Sandwich with Cherry Tomatoes	Toasted Cheese Sandwich	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes



\*\*\* Yoghurt & Fresh Fruit are available every day \*\*\*



<b>Dessert</b> 	Chocolate Oat Cake	Apple & Sultana Sponge (S)	Pear & Ginger Crumble with Custard (S)	Ice Cream Factory 	Carrot & Orange Cookies (S)
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Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office

by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.