







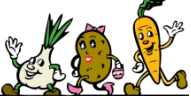



First Name ..... Surname ..... Class .....

**\*\*All of our meals are Home Made with Fresh Vegetables\*\***  **Fresh Bread is available every day**  **\*\*Meals with this symbol are Gluten Free option\*\***

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Choice 1</b> 	Tuna Pasta Bake	Creamy Chicken Curry Served with Rice & Naan	Roast Beef, Yorkshire Pudding, Roast Potatoes & Gravy	Pork Sausage & Mashed Potatoes	Beef & Mushroom Pizza with Chips
<b>Choice 2</b> 	Vegetable Pasta Bake (S)	Creamy Lentil & Vegetable Curry served with Rice and Naan (S)	Yorkshire Pudding filled with Herby Vegetables	Quorn Sausage & Mashed Potatoes	Cheese & Tomato Pizza with Chips
<b>Choice 3</b> 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 

To go with	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Broccoli	Peas/Broad Beans	Cabbage (S)	Mixed Veg	Beans
	Seasonal Roasted Veg	Sweetcorn	Carrots (S)	Brussels (S)	Peas
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar


**\*\*\* Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day \*\*\***

<b>***Picnic***</b> 	Roasted Vegetable Pasta Pot (S)	Wholemeal Ham Roll with Carrot Sticks (S)	Egg Mayonnaise Sandwich & Pepper Sticks	Beef & Salad Wrap	Tuna & Sweetcorn Bagel
	Cheese Sandwich with Cherry Tomatoes	Toasted Cheese Sandwich	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes



**\*\*\* Yoghurt & Fresh Fruit are available every day \*\*\***



<b>Dessert</b> 	Carrot Cake (S)	Cheese & Biscuits with Grapes	Apple & Cinnamon Sponge with Custard (S)	Steamed Jam Pudding & Evaporated Milk	Rice Crispy Cake
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**Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office**

**by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal**

**Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.**