

First Name ..... Surname ..... Class .....










\*\*All of our meals are Home Made with Fresh Vegetables\*\* Fresh Bread is available every day




\*\*Meals with this symbol



Gluten Free option\*\*

| Week 2   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|--|--|--|--|--|
| <b>Choice 1</b><br>   | Chicken Samosa & Savoury Rice  | Ham & Pineapple Pizza with Wedges  | Roast Chicken, Mashed Potatoes, Stuffing & Gravy   | Beef Cobbler (Beef Stew topped with Savoury Scones)  | Chip Shop Fish & Chips   |
| <b>Choice 2</b><br>    | Vegetable Samosa & Savoury Rice  | Cheese & Tomato Pizza with Wedges  | Crispy Topped Vegetable Pie (S)  | Winter Vegetable Cobbler (Vegetable Stew topped with Savoury Scones)   | Poached Egg & Chips  |
| <b>Choice 3</b><br>    | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)  |
| <b>To go with</b><br> | Curried Chickpeas  | Sweetcorn  | Mashed Swede/Carrots (S)   | Broccoli (S)   | Beans  |
|  | Peas   | Peas   | Cauliflower (S)  | Carrots (S)  | Tinned Tomatoes  |
|  | Salad Bar  | Salad Bar  | Salad Bar  | Salad Bar  | Salad Bar  |


\*\*\* Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day \*\*\*

|  |                                      |                             |  |                                      |                                      |
|--|--------------------------------------|-----------------------------|--|--------------------------------------|--------------------------------------|
| <b>***Picnic***</b><br> | Cheese Savoury Pasta Pot             | Egg Roll with Pepper Sticks | Wholemeal Salmon Sandwich with Cucumber Sticks | Chicken & Stuffing Salad Sandwich    | Tuna & Pepper Wrap                   |
|  | Cheese Sandwich with Cherry Tomatoes | Toasted Cheese Sandwich     | Cheese Sandwich with Cherry Tomatoes           | Cheese Sandwich with Cherry Tomatoes | Cheese Sandwich with Cherry Tomatoes |



\*\*\* Yoghurt & Fresh Fruit are available every day \*\*\*



|   |                   |           |                |                |         |
|---|-------------------|-----------|----------------|----------------|---------|
| <b>Dessert</b><br> | Orange Sponge (S) | Ice Cream | Cornflake Tart | Cherry Crumble | Brownie |
|---|-------------------|-----------|----------------|----------------|---------|

Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office

by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

**Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.**

