











First Name Surname Class


All of our meals are Home Made with Fresh Vegetables Fresh Bread is available every day

 **Meals with this symbol

 Gluten Free option**

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice 1 	Chicken & Broccoli Pasta Bake	Gammon (Pork) & Pineapple with New Potatoes (S)	Salmon Fishcakes with homemade Tomato Sauce (S)	Lamb Biryani	Beef & Roasted Vegetable Pizza with Chips
Choice 2 	Cheesy Broccoli Pasta Bake	Three Pepper Omelette with New Potatoes (S)	Cheese & Potato Cakes with homemade Tomato Sauce (S)	Vegetable Biryani	Cheese & Tomato Pizza with Chips
Choice 3 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 
To go with 	Sweetcorn	Carrots (S)	Sweetcorn	Mixed Vegetables	Baked Beans
	Roasted Pepper (S)	Peas (S)	Broccoli	Curried Chickpeas	Roasted Tomatoes (S)
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar


*** Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day ***

Picnic 	Tuna & Sweetcorn Wrap	Chicken & Coleslaw Salad Box	Wholemeal Egg Roll & Cucumber Sticks	Houmous Pitta with Pepper Sticks	Salmon & Lettuce Baguette
	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes



*** Yoghurt & Fresh Fruit are available every day ***



Dessert 	Mango & Raspberry Cake	Mini Bakewell Flapjack & a piece of fruit	Strawberry & Rhubarb Crumble	Peach & Raspberry Crumble	Popcorn
---	------------------------	---	------------------------------	---------------------------	---------

Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office

by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.

