














First Name ..... Surname ..... Class .....


\*\*All of our meals are Home Made with Fresh Vegetables\*\* Fresh Bread is available every day

 \*\*Meals with this symbol

 Gluten Free option\*\*

Week 3	MONDAY	 EID TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Choice 1</b> 	Chicken & Broccoli Pasta Bake	Butter Chicken Curry with Rice & Meat Samosa 	Salmon Fishcakes with homemade Tomato Sauce (S)	Gammon (Pork) & Pineapple with New Potatoes (S)	Y e a r  2  T r i p
<b>Choice 2</b> 	Cheesy Broccoli Pasta Bake	Butter Vegetable Curry with Rice & Vegetable Samosa (S) 	Cheese & Potato Cakes with homemade Tomato Sauce (S)	Three Pepper Omelette with New Potatoes (S)	
<b>Choice 3</b> 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	
<b>To go with</b> 	Sweetcorn	Mixed Vegetables	Sweetcorn	Carrots (S)	
	Roasted Pepper (S)	Curried Chickpeas 	Broccoli	Peas (S)	
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	

\*\*\* Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day \*\*\*

<b>***Picnic***</b> 	Tuna & Sweetcorn Wrap	Chicken & Coleslaw Salad Box	Wholemeal Egg Roll & Cucumber Sticks	Houmous Pitta with Pepper Sticks
	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes



\*\*\* Yoghurt & Fresh Fruit are available every day \*\*\*



<b>Dessert</b> 	Mango & Raspberry Cake	Cardamon Ice Cream with a Mango Fruit Salad 	Strawberry & Rhubarb Crumble	Mini Shortbread & 1/2 a piece of fruit
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Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office

by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

**Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.**

