

(S) = Seasonal Vegetables

THORPE PRIMARY SCHOOL AUTUMN MENU

Date ...24/09/18..

all of our meat is Halal

FOR INFORMATION ONLY - PLEASE ORDER ONLINE VIA PARENTPAY

All of our meals are Home Made with Fresh VegetablesFresh Bread is available every day 💮 **Meals with this symbol

◯ Gluten Free option**

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice 1	Beef Spaghetti Bolognese & Garlic Bread	Roast Pork with Mashed Potatoes	Pepperoni Pizza & Wedges	Chicken Tikka with Rice and a Cucumber & Mint Dip	Chip Shop Fish & Chips
Choice 2	Spaghetti with a Tomato & Basil Pasta Sauce with Garlic Bread	Quorn Sausage with Mashed Potatoes	Cheese Pizza & Wedges	Vegetable Pakora with Rice and a Mint Dip	Egg & Chips
Choice 3	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)
To go with		Broccoli	Peas	Sweetcorn	Carrots
	Salad Bar	Cauliflower	Baked Beans	Broccoli	Peas/Broad Beans
		Salad Bar	Salad Bar	Salad Bar	Salad Bar

*** Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day ***

Picnic	Cheese Savoury Pasta Pot	Tuna & Sweetcorn Sandwich with Cherry Tomatoes	Wholemeal Pork Sandwich & Salad	Egg Roll with Cucumber Sticks	Chicken Tikka & Iceberg Lettuce Pitta 🚫				
	Cheese Sandwich with Cherry	Toasted Cheese Sandwich	Cheese Sandwich with Cherry	Cheese Sandwich with Cherry	Cheese Sandwich with Cherry				
	Tomatoes	Tousted Cheese Sunawien	Tomatoes	Tomatoes	Tomatoes				
*** Yoghurt & Fresh Fruit are available every day ***									
Dessert	Lemon Iced Sponge	Fruits of the Forest Crumble	Selection of Ice Cream	Gooey Orange Pudding	Mini Cookie & 1/2 piece of Fruit				

Please make your choice by ordering online via Parent Pay

KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

