

















First Name ..... Surname ..... Class .....

\*\*All of our meals are Home Made with fresh vegetables\*\* Fresh Bread is available every day  \*\*Meals with this symbol  Gluten Free option\*\*

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Choice 1</b> 	Tuna & Tomato Pasta Bake with Garlic Bread	<b>Y e a r  4  T r i p</b>	Toad in the Hole with Mashed Potatoes (pork sausages in Yorkshire)	Roast Chicken with Roast Potatoes, Stuffing & Gravy 	Chicken & Pepper Pizza with Chips 
<b>Choice 2</b> 	Tomato & Mascarpone Pasta Bake with Garlic Bread		Toad in the Hole with Herby Vegetables & Mashed Potatoes (Quorn sausage in Yorkshire)	Cauliflower Cheese 	Cheese & Tomato Pizza with Chips 
<b>Choice 3</b> 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 		Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 
<b>To go with</b> 	Broccoli	Roasted Parsnips	Mashed Sweet Potato & Swede	Sweetcorn	
	Green Beans	Carrots	Peas	Baked Beans	
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
<b>*** Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day ***</b>					
<b>***Picnic***</b> 	Ham & Cherry Tomato Pasta Pot	Wholemeal Egg Sandwich & Cucumber Sticks	Tuna & Sweetcorn Pitta	Chicken & Stuffing Baguette & Cherry Tomatoes	
	Cheese Sandwich & Cherry Tomatoes	Cheese Sandwich & Cherry Tomatoes	Cheese Sandwich & Cherry Tomatoes	Cheese Sandwich & Cherry Tomatoes	
 <b>*** Yoghurt &amp; Fresh Fruit are available every day ***</b> 					
<b>Dessert</b> 	Ginger Bread	Sticky Toffee Pudding	Apple & Blackberry Crumble with Custard	Chocolate Flapjack	

Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office

by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.