
















First Name Surname Class ...28/11/16...


All of our meals are Home Made with fresh vegetables Fresh Bread is available every day  **Meals with this symbol

 Gluten Free option**

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice 1 	Tuna & Tomato Pasta Bake with Garlic Bread	Chicken Curry with Pilau Rice & Mini Naan 	Toad in the Hole with Mashed Potatoes (pork sausages in Yorkshire)	Roast Chicken with Roast Potatoes, Stuffing & Gravy 	Chicken & Pepper Pizza with Chips 
Choice 2 	Tomato & Mascarpone Pasta Bake with Garlic Bread	Vegetable Curry with Pilau Rice & Mini Naan 	Toad in the Hole with Herby Vegetables & Mashed Potatoes (Quorn sausage in Yorkshire)	Cauliflower Cheese 	Cheese & Tomato Pizza with Chips 
Choice 3 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 

To go with 	Broccoli	Peas	Roasted Parsnips	Mashed Sweet Potato & Swede	Sweetcorn
	Green Beans	Sweetcorn	Carrots	Peas	Baked Beans
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar


*** Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day ***

Picnic 	Ham & Cherry Tomato Pasta Pot	Tuna Wrap with Pepper Sticks	Wholemeal Egg Sandwich & Cucumber Sticks	Tuna & Sweetcorn Pitta	Chicken & Stuffing Baguette & Cherry Tomatoes
	Cheese Sandwich & Cherry Tomatoes	Cheese Sandwich & Cherry Tomatoes	Cheese Sandwich & Cherry Tomatoes	Cheese Sandwich & Cherry Tomatoes	Cheese Sandwich & Cherry Tomatoes



*** Yoghurt & Fresh Fruit are available every day ***



Dessert 	Ginger Bread	Cheese Biscuits & Red Grapes	Sticky Toffee Pudding	Apple & Blackberry Crumble with Custard	Chocolate Flapjack

Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office

by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.