




THORPE PRIMARY SCHOOL AUTUMN MENU


Date ...12/12/16..















 - all of our meat is Halal
except Pork products



First Name Surname Class

All of our meals are Home Made with Fresh Vegetables Fresh Bread is available every day




 **Meals with this symbol

 Gluten Free option**




Week 2	MONDAY	TUESDAY	WEDNESDAY	Xmas Lunch Thursday	FRIDAY
Choice 1 	Pepperoni Pizza & Wedges 	Chicken Tikka with Rice and a Cucumber & Mint Dip 	Beef Spaghetti Bolognese & Garlic Bread	Xmas Dinner 	Chip Shop Fish & Chips
Choice 2 	Cheese Pizza & Wedges 	Vegetable Kebab with Rice and a Mint Dip 	Spaghetti with a Tomato & Basil Pasta Sauce with Garlic Bread	Xmas Dinner 	Vegetable Samosa, Raita Dip & Chips
Choice 3 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Xmas Dinner 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 

To go with	MONDAY	TUESDAY	WEDNESDAY	Xmas Lunch Thursday	FRIDAY
	Peas	Broccoli	Salad Bar		Carrots
	Baked Beans	Sweetcorn			Peas/Broad Beans
	Salad Bar	Salad Bar			Salad Bar

*** Selection of the Picnic option includes a snack item, a fruit portion and a fruit drink and requires no further choices on that day ***

Picnic	MONDAY	TUESDAY	WEDNESDAY	Xmas Lunch Thursday	FRIDAY
	Cheese Savoury Pasta Pot	Tuna & Sweetcorn Sandwich with Cherry Tomatoes	Wholemeal Pork Sandwich & Salad	Xmas Dinner 	Chicken Tikka & Iceberg Lettuce Pitto 
	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes	Cheese Sandwich with Cherry Tomatoes		Cheese Sandwich with Cherry Tomatoes

*** Yoghurt & Fresh Fruit are available every day ***

Dessert	MONDAY	TUESDAY	WEDNESDAY	Xmas Lunch Thursday	FRIDAY
	Selection of Ice Cream 	Fruits of the Forest Crumble	Lemon Iced Sponge	Xmas Dinner 	Mini Cookie & 1/2 piece of Fruit

Please make your choice by ordering online via Parent Pay or by ticking in the boxes and returning to the school office by 10.30am on Thursday, along with your payment for the week. KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.